



NZASA Continuing Professional Development (CPD) Policy

The content of all courses of continuing education must be relevant to the practice of acupuncture, Chinese medicine (CM) and patient care and fall within the following three categories:

Category 1: Ethics

A minimum of two hours required per year in courses related directly to law and ethics, safe practice and standards as related to patient recruitment, care and discharge.

Examples of Category 1 course topics include but are not limited to:

- Law and ethics.
- Safe practice and professional standards.
- Health facility standards and clinical hygiene practices.
- Ethical advertising guidelines in New Zealand.
- Clean needle technique and disease transmission.
- Cultural competency courses.

A maximum of two Category 1 hours may be carried forward one registration renewal period.

Category 2: Chinese medicine

A minimum of 12 hours required per year in courses related to clinical matters or the actual provision of acupuncture and Chinese medicine health care to patients.

This category excludes any CPD directed at skills for personal benefit or personal cultivation.

Examples of Category 2 courses include but are not limited to:

- Acupuncture and Chinese medicine (Includes Chinese herbs, TuiNa, Moxibustion, Cupping, GuaSha, CM nutrition and lifestyle counselling).
- Research and evidence-based medicine as related to acupuncture and CM.
- Qi gong theory and techniques, other than for self-cultivation.

A maximum of 12 Category 2 hours may be carried forward one registration renewal period.

Category 3: Other health care and courses unrelated to clinical matters or the provision of healthcare to patients.

No minimum is required in Category 3. A maximum of six hours can be claimed in a registration year. This is an optional category that covers courses related to clinical matters, the actual provision of acupuncture and Chinese medicine health care to patients, or practitioner self-care.

Examples of Category 3 courses include but are not limited to:

- Western biomedicine and biological sciences (pathophysiology, clinical pathology, etc).
- Scientific or clinical content with a direct bearing on the quality of patient care, community or public health or preventive medicine.
- Courses designed to develop a practitioner's patient education skills, including (but not limited to) patient education in therapeutic exercise techniques, nutritional counselling and biomechanical education.
- Courses designed to enhance a practitioner's ability to communicate effectively with other medical practitioners.
- Courses in the behavioural sciences, patient counselling and patient management and motivation if such courses are specifically oriented to use in the clinical setting for the improvement of patient health.
- Business development and practice management courses unrelated to clinical matters and direct patient care, including administrative record keeping, laws and regulations unrelated to clinical medicine, general business organisation and management, marketing and practice building.
- Breathing and other exercises, i.e. qi gong and taiji quan that are for the benefit of the licensee and not the patient.

A maximum of six Category 3 hours may be carried forward one registration renewal period.

IMPORTANT:

As detailed in the associated NZASA CPD Guidelines document members must seek prior approval for CPD supplied by providers other than those listed on the NZASA website. This includes regular study group sessions. You **MUST** contact the Registrar at least two weeks prior to the CPD session to allow for the NZASA CPD Assessor to review the information and provide a decision.

No retrospective approvals will be granted.

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